

The Neuro Graduate School, [NeuroG⁺](#), funded by the ANR and the Claude Bernard-Lyon1 University, sets up a mentoring program for our Master' students, similar to what is practiced in top international universities.

The NeuroG⁺ mentoring program aims at increasing the scientific and human skills students will gain from completing the master's degree in Neurosciences, by establishing an interpersonal relationship with a researcher through monthly meetings covering an academic year.

Any researcher, permanent or post-doctoral, can act as a mentor for up to three students. The roles and the benefits you can expect from being a mentor are detailed below (section, "Being a mentor").

In short:

As a mentor, you will:

- offer guidance and support on orientation and career issues as well as on on-going projects, share your experience in research, help the mentee developing his/her skills;
- make your research more visible to students;
- be eligible to a monetary compensation.

The mentee is a M1 or M2 student in Neurosciences. He or she will:

- contact the mentor to set approximatively one appointment per month with the mentor;
- prepare meetings by anticipating specific questions of interest to be discussed;
- discuss short-term as well as and long-term issues, relative to orientation and career choices and also to scientific or technical issues related to his/her on-going projects.

Both mentees and mentors

- are committed to mutual respect and confidentiality

Want to become a mentor?

Apply to **Call for the mentoring of M1 and M2 students 2023-2024 academic year**, by sending an email to: mentoring.neurograduate@univ-lyon1.fr

Please provide a short CV and scientific interests to facilitate pairing.

Please confirm that you agree to be listed on the NeuroG⁺ website, as participating to the "mentoring action" of the School.

Application deadline: November 16 2023

You need more information before making your decision?

Join the Zoom meeting Monday November 6 2023 at 12 am or Tuesday November 7 at 10 am

<https://univ-lyon1-fr.zoom.us/j/7612492511>

Being a mentor

Mentoring or Tutoring ?

Generally, mentoring consists in a mid to long-term relationship dealing with orientations and career choices of the mentee, while tutoring is more focused on learning and developing academic skills. Here, we use the term mentoring to refer to the personal relationship you will build with your mentee: this relationship is meant to develop along these two lines, mentoring *per se* and tutoring.

How is mentoring organized in time and space ?

Mentoring operates through time-limited (1hr) meetings, up to 5 meetings over the academic year. Meetings are held at the work place of the mentor, during working hours.

What topics are discussed during the meetings ?

Career development

You discuss the motivation and scientific interests of the student. You tell your professional curriculum and explain the issues and challenges of your research. You ask questions to help the mentee clarify his/her expectations and vision about his/her future. You give your mentee feedbacks, advices and perspectives. You help your mentee building a network by indicating relevant contacts for his/her professional project, etc.

Help on completing specific tasks

Throughout the year, the students have on-going subjects related to their class and managed by the teachers (pedagogy, evaluation). For instance, the student is in charge of analyzing publications or building a mini research project. Students are eligible to discuss scientific issues related to their class work with their mentor. A good way to act in such interaction is to provide your inputs mainly by asking questions that will orient and deepen the mentee's scientific reasoning. You should NOT contribute directly to the specific task the mentee has to complete or revise any written or oral version of a mentee's project.

In this accompaniment, you do not need expertise in the specific fields of the student's mini-project(s) or scientific interests, but your research experience will help the mentee's scientific and independent reasoning and you can give him/her tips on how and where to find the most useful information.

How will you benefit from the mentoring program?

You make your research visible to your mentees and beyond (dissemination among students);
You increase your own leadership, management skills and knowledge of the students' aspirations;
You get a monetary compensation (~38 € nets /hour, up to 5 hours per mentee, up to 3 mentees).

What are the constraints of acting as a mentor?

You are committed for the whole mentoring period to replying to appointment requests within reasonable delays and to making yourself available for the meetings.

You keep track of the meetings (time spent and brief summary of the content of the discussions) and provide feedback to the NeuroG⁺ team through an email survey and one collective meeting per year.

What mentoring is not

A power relationship, psychotherapy, a one-way speech.